

This is a sample referral letter to be used in sessions for the triage team to inform case based discussions and practice use of the triage and referral guidance. We suggest that these are used in group activities with a facilitator who has experience of paediatric musculoskeletal clinical practice.

Thank you for seeing this 11-year old child who has been having a problem with pain over the ball of his foot bilaterally and this has been going on for the past four weeks despite taking painkillers.

He says the pain comes and goes but it has been constant and not going away.

He denies any injuries.

On examination he has a bit of slight flat foot and I am not quite sure whether this has got anything to do with his pain but would appreciate your assessment.

The patient is not on any medications on a regular basis and he is not allergic to any medications.

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